Calling for Help

If an emergency occurred while you were babysitting, you may have to call for help.

When you babysit, you should know the local emergency numbers.

In most areas in the United States, the local emergency number is 9-1-1.

9-1-1 DISPATCHER
“9-1-1. Where’s your emergency?”

BABYSITTER
“281 East Timonium Road...a few blocks away from York Road.”

9-1-1 DISPATCHER
“What is your emergency?”

BABYSITTER
“The child I’m babysitting is having trouble breathing.”

9-1-1 DISPATCHER
“What kind of care have you provided so far?”

BABYSITTER
“He’s sitting up, trying to breathe, but he’s still having trouble.”

9-1-1 DISPATCHER
“OK, I’ll let EMS know. How is he now?”

BABYSITTER
“He’s still having trouble breathing. It sounds wheezy.”

9-1-1 DISPATCHER
“Is he conscious? Is the child conscious?”

BABYSITTER
“Yes, he’s conscious, he’s sitting up, he’s responding to me.”

Stay on the phone until the dispatcher tells you it is OK to hang up. The dispatcher may need more information from you, or she may want to give you instructions about what to do until help arrives.